

Breakfast Menu

October 2021

SERVED DAILY

Fresh Fruit

100 % Fruit Juice M-T-W-F
1% White or Fat Free Flavored Milk

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
4	5	6	7	8
<u>Mini Waffles/</u> <u>Muffin Top W/Smoothies</u> Fruit Juice Fresh Fruit Jelly/Syrup	<u>French Toast Sticks w/</u> <u>Sausage Patty</u> <u>Yogurt Parfait</u> Fresh Fruit Fruit Juice Syrup	<u>Breakfast Sausage Wrap</u> <u>Cereal W/Pop Tart</u> Fruit Juice Craisins Jelly/Syrup	<u>Ham & Cheese Croissant</u> <u>Super Donut w/Cheddar Stick</u> Fresh Fruit Chilled Fruit Jelly	<u>Breakfast Grilled Cheese</u> <u>Yogurt w/ Donuts</u> Fruit Juice Fresh Fruit Jelly/ Syrup
11	12	13	14	15
<u>Muffin W/ Cheese Stick</u> <u>Cereal & Muffin</u> Fruit Juice Fresh Fruit Jelly/Syrup	<u>IW Breakfast Pizza</u> <u>Powdered Donuts</u> Craisins Fruit Juice Jelly	<u>Breakfast Taco</u> <u>Smoothie w/ Muffin</u> Fruit Juice Fresh Fruit Jelly/Syrup	<u>Biscuit W/Sausage</u> <u>Strawberry Poptart</u> Fresh Fruit Chilled Fruit Jelly	<u>Chicken Biscuit</u> <u>Cereal W/Graham Cracker</u> Fruit Juice Fresh Fruit Jelly/Salsa/Syrup
18	19	20	21	22
<u>Mini Waffles/</u> <u>Muffin Top W/Smoothies</u> Fruit Juice Fresh Fruit Jelly/Syrup	<u>French Toast Sticks w/</u> <u>Sausage Patty</u> <u>Yogurt Parfait</u> Fresh Fruit Fruit Juice Syrup	<u>Breakfast Sausage Wrap</u> <u>Cereal W/Pop Tart</u> Fruit Juice Craisins Jelly/Syrup	<u>Ham & Cheese Croissant</u> <u>Super Donut w/Cheddar Stick</u> Fresh Fruit Chilled Fruit Jelly	<u>Breakfast Grilled Cheese</u> <u>Yogurt w/ Donuts</u> Fruit Juice Fresh Fruit Jelly/ Syrup
25	26	27	28	29
<u>Muffin W/ Cheese Stick</u> <u>Cereal & Muffin</u> Fruit Juice Fresh Fruit Jelly/Syrup	<u>IW Breakfast Pizza</u> <u>Powdered Donuts</u> Craisins Fruit Juice Jelly	<u>Breakfast Taco</u> <u>Smoothie w/ Muffin</u> Fruit Juice Fresh Fruit Jelly/Syrup	<u>Biscuit W/Sausage</u> <u>Strawberry Poptart</u> Fresh Fruit Chilled Fruit Jelly	<u>Chicken Biscuit</u> <u>Cereal W/Graham Cracker</u> Fruit Juice Fresh Fruit Jelly/Salsa/Syrup

Breakfast subject to change due at any given time due to food shortages. Gluten Free Breakfast options available upon request ask Manager.

This Product is funded by USDA. This institution is an equal opportunity provider.